Simple Steps to Success

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10. **Own It** — Enjoy it. You deserve it!
9. **Achieve It** — It's only a matter of time. Don't quit!
8. **Affirm It** — Tell everyone what you're aiming for.
7. **Track It** — Have an accountability chart to keep you on track. Reward yourself for every little achievement.
6. **Action It** — Consistent daily action leads to success.
5. **Plan It** — Set small achievable goals. Highlight time on your weekly calendar.
4. **Believe It** — I am or I have (name desire). I deserve it and I'm loving it.
3. **Sense It** — What emotions will you feel once you've achieved this desire?
2. **Imagine It** — Close your eyes and see yourself in the future having achieved your dream
1. **Desire It** — What do you really want?